



RESTAURANT MENUS

All meals and non-alcoholic beverages are included on our Jungle Wellness Adventure Package



Breakfast Menu

Continental

Selection of Fresh Tropical Juices, Sliced Seasonal Fresh Fruits, Assorted Mini Pastries

Sunrise

Two eggs any style with whole wheat toast

Create your own omelette

Begin with a fluffy two Egg Omelette with cheddar cheese and add any of your favourite ingredients: organic tomatoes – peppers – onions – spinach – smoked fish

Pancakes and Classic French Toast

Stacked Pancake or Classic French Toast topped with fresh fruits, local bush honey or maple syrup

The Lighter side

Light alternatives that will satisfy you without slowing you down.

Hot Oatmeal or Cream of Wheat

Added flavours raisins, grated coconut, brown sugar & honey

Cold Cereal

Raisin Bran, Honey and Nut Flakes or Corn flakes with Regular, Soy or Skimmed Milk

Muesli

Toasted oats, local honey, raisins and fresh fruits

All Breakfast served with Fresh Fruit Juices, Pure Dominican Mountain Grown Coffee, Local Cocoa and Herbal Teas, and Local Jam



Pavilion Restaurant - Lunch Menu

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Jungle Wellness Adventure Package*

Salads

Salad of the day

Ask your waiter for the salad of the day.

Jungle Salads

Lettuce, tomatoes, cucumbers, peppers, green onions, raisins, olives and toasted coconut, tossed in honey-thyme vinaigrette

With Marinated Grilled Chicken **or** with Spicy Grilled Shrimp **or** with Spicy Grilled Tofu

Sandwiches (Burgers, Rotis)

Veggie Burger

Lentils and carrot seasoned with fresh herbs and breadcrumbs, formed into patties and baked until golden brown. Served on homemade burger bread with tomatoes, lettuce, cucumbers, mayonnaise, ketchup, mustard; served with a side of fried plantains or salad.

Jungle Bay Burger (with grilled fish or chicken)

Served on homemade burger bread with tomatoes, lettuce, cucumbers, mayonnaise, ketchup and mustard; served with a side of fried plantains or salad.

Curry Roti Wraps

Savoury curry stew consisting of carrots, potatoes, celery, chick peas, Caribbean seasonings and add your choice of: **chicken** **fish** **shrimp** **tofu**

Tuna Melt Sandwich

Tuna Salad on whole wheat/or white bread with tomato, lettuce, cucumber and melted cheese; served with salad on the side.

Green Goddess & Tomato Sandwich

Toasted homemade whole wheat/or white bread with roasted garlic mayonnaise topped with lettuce, tomatoes and cucumbers; served with salad on the side.

Marinated Grilled Chicken Sandwich

Seasoned butterfly style breast of chicken on homemade whole wheat/or white bread with mustard, mayonnaise and ketchup; served with salad on the side.

Sandwiches (Wraps & Rolls)

Hummus and Roasted Pepper Wrap

Hummus (chick peas, sesame seeds, garlic, salt, lime juice & water), accented with tomato, lettuce, and cucumber wrapped in a chick pea shell.

Ginger Chicken Wrap

Shredded chicken breast seasoned in a ginger sauce with onions, carrots, lettuce and wrapped in a chick pea shell.

Jungle Roll

Tofu, beans, caramelized onions, lettuce and cucumbers wrapped in chick pea shell.



Main Course

Chicken Strips (a lighter meal)

Perfectly marinated grilled chicken breast strips, served with salad on the side and our own Jungle honey mustard.

Dominica Delight (grilled fish or chicken)

Served with lentils, fried plantains, brown rice, provisions and salad.

Veggie Deluxe

Fresh vegetable/bean patty with a coconut curry dip, served with brown rice, fried plantain & salad.

Tofu Mix

Mixture of tofu, sautéed beans, onions, garlic and celery slowly stewed in a Creole sauce and served with brown rice, fried plantain and salad.

Tofu Delight

Marinated grilled tofu steaks, served with lentils, fried plantains, brown rice and salad.

***Lunch menu items are served with Seasonal Root Vegetable Chips & Aioli-Dip
(roasted garlic blended with mayonnaise and pepper)***

Desserts

Assortment of locally-made ice-creams, home-made sorbets and fruit salad; please ask your server for our today's dessert selection



Pavilion Restaurant - Dinner Menu

This is a sample of our dinner menu, which changes every night

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on our Jungle Wellness Adventure Package*

Appetizer

Dominican Heritage Sampler

A taste of many cultural dishes from the villages of the Nature Island

Teriyaki Marinated Tofu Kebabs

Soups

Pumpkin-Ginger Soup

Tomato & Black Beans Soup

Salads

Jungle Bay House Salad

With honey thyme vinaigrette and a mélange of seasonal fruit

Organic Tomato and Goat Cheese Salad

Served on Organic Romaine Lettuce with Balsamic Dressing

Toasted Coconut & Water Cress Salad

With Lime Dressing

Main Courses

Chive Stuffed Breast of Chicken

Poached in bouillon with lemon grass coconut cream

Breaded Breast of Chicken

Drizzled with Pineapple Ginger Soy Sauce

Blackened "Catch of the Day" / fish with Mango Salsa

Served with Herbed Yam & Vegetable

Roasted Vegetables over Tender Spinach Leaves

Drizzled with a Honey soy reduction

Jungle Bay Pizza

Please ask your server about tonight's toppings

Desserts

Assortment of locally-made ice-creams, home-made sorbets & tarts & cakes

Please ask your server for our tonight's Specials



Restaurant - Wine & Bar List

Alcoholic beverages are NOT included in the Jungle Wellness Adventure Package

Champagne & Sparkling Wines

- Grandin “Méthode traditionnelle” Brut ~ France**
- Montaudon Brut (extra dry) ~ France**
- Champagne Möet & Chandon Brut Imperial ~ France**

Rosé Wine

- Rosé, Fontera ~ Chile**.....
Packed with deep, dark berry fruit and nuanced hints of cocoa, herb and earth with a soft structure
- Gris des Plages, Vin de Pays de Méditerranée ~ France**
- Dry, fruity and refreshing Rosé*
- Rose d’une nuit, Château La Coste ~ France**
- Normally dry and fruity, perfect wine as an aperitif or with salads, Mediterranean meals or seafood*

Red Wine

- Merlot, Sunrise ~ Chile**
- Aromas of cherry, pepper and a soft touch of cacao*
- Merlot, Esprit de Serame ~ France**
- A fruity, elegant & soft wine with aromas of ripe berry fruits & a long, silky finish*
- Cabernet-Sauvignon, Sunrise ~ Chile**
- Full of fresh plum aromas*
- Cabernet-Sauvignon, MAPU ~ Chile**..... \$
- Fruity and round with black berry flowers and subtle touches of spice*
- Cabernet-Sauvignon Reserve Esprit de Serame ~ France**
- Aged in Oak barrel, this cabernet has ripe blackcurrant aromas. It is rich with silky tannins*
- Malbec, Donna Paula ~ Argentina**
- Deep red violet red colour with mature dry plums & black cherries & herbs. A smooth & round wine in mouth.*
- Merlot, Santa Rita ~ Chile**
- Smooth, aromas of strawberry, plum & vanilla. Flavours of berry & notes of spicy oak built into a stylish finish.*
- Château Les Belles Murailles, Bordeaux ~ France**
- Made with a high percentage of Cabernet Sauvignon which is enhanced by skillful yet minimal oak integration.*



White Wine

Chardonnay, Sunrise ~ Chile

Crisp and bright yellow Chardonnay possessed rich aromas of green apples & tropical fruits.

Sauvignon Blanc, Sunrise ~ Chile

A bright yellow-greenish colour, presenting good acidity. Aromas: elegant, delicate with fruity & citric notes.

Chardonnay, Esprit de Serame ~ France

Light & tasty, a well balanced French Chardonnay. Fresh fruit aromas with tropical & citrus fruit notes.

Sauvignon Blanc, Trapiche ~ Argentina

Brilliant aromas of grapefruit and subtle notes with pleasant acidity

Sauvignon Blanc, Beau Mayne, Bordeaux ~ France

Careful selection of finest Sauvignon delicate bouquet of fruit and flower aromas with lively finish

Chenin Blanc, Fortress Hill Chenin Blanc ~ South Africa

From sweeping vineyards a fruity white wine well balanced with a touch of wood aromas

Albola Pinot Grigio Friuli ~ Italy

Fresh crisp character.

Beers

Kubuli (local beer)

Heineken (imported).....

Shandy (Ginger or Lime)

Rum

Appleton / Malibu / Bacardi (white or gold)

Disarono / Grand Marnier

Campari / Coconut Rum.....

Whiskey, Vodka and Specialty Drinks

Baileys

Johnnie Walker – Black

Johnnie Walker – Red

Courvoisier / Hennessy.....

Jose Cuervol

Absolute Vodka



Gin

- Tanquary
- Gordon's
- Beefeater
- Bombay

Local Drinks

- Jungle Punch.....
- Rum Punch.....
- Pina Colada.....

*** All prices are subject to 15% Government Taxes ***

Non-alcoholic beverages ARE included in the Jungle Spa Adventure Package:

Non-alcoholic beverages

- Freshly Brewed Coffee
- Local Cocoa Tea
- Local Herbal Tea (Basilic, Ginger, Peppermint)
- Lipton Tea/Red Rose Tea
- Local Iced Teas (Ginger & Lime, Cinnamon)
- Assortment of Fresh Fruit Juices
- Coconut Water (when available)
- Sodas (Sprite, Coke, Tonic & Soda Water)