



CALABASH RESTAURANT

Breakfast Menu

All meals and non-alcoholic beverages are included on our Adventure Wellness Package

Full Breakfast..... **US\$ 23.00**

Selection of Eggs, Pancakes or French Toast, Sliced Seasonal Fresh Fruits, Assorted Pastries, Cereal

Continental..... **US\$ 15.00**

Selection of Fresh Tropical Juices, Sliced Seasonal Fresh Fruits, Assorted Mini Pastries

Sunrise..... **US\$ 13.00**

Two eggs any style with whole wheat toast

Create your own Omelette..... **US\$ 14.00**

Begin with a fluffy two Egg Omelette and cheddar cheese then add any of your favorite ingredients: organic tomatoes – peppers – onions – spinach – smoked fish

Pancakes and Classic French Toast..... **US\$ 11.50**

Stacked Pancake or Classic French Toast topped with fresh fruits, local bush honey or maple syrup

The Lighter Side

Light alternatives that will satisfy you without slowing you down

Hot Oatmeal or Cream of Wheat..... **US\$ 8.00**

Added flavors; raisins, grated coconut, brown sugar & honey

Cold Cereal..... **US\$ 7.00**

Raisin Bran, Honey and Nut Flakes or Corn flakes with Regular, Soy or Skimmed Milk

Muesli Mix..... **US\$ 11.00**

Toasted oats, local honey, raisins and fresh fruits

All Breakfast served with Fresh Fruit Juices, Pure Dominican Mountain Grown Coffee,
Local Cocoa and Herbal or Black Tea
Toast and Pastries Served with Local Jam

*** Menu subject to change without notice. Prices are in US dollars & are inclusive of 15% Government Taxes (VAT) ***



CALABASH RESTAURANT

Lunch Menu

All meals and non-alcoholic beverages are included on our Adventure Wellness Package

Salads

Salad of the day **US\$ 9.00 & 12.00**

Ask your waiter for the salad of the day

Jungle Salad..... **US\$ 9.00 & 12.00**

Lettuce, tomatoes, cucumber, peppers, green onions, raisins, olives and toasted coconut, tossed in honey-thyme vinaigrette

- With Marinated Grilled Chicken **PLUS US\$ 5.00**
- With Spicy Grilled Shrimp **PLUS US\$ 8.00**
- With Spicy Grilled Tofu **PLUS US\$ 5.00**
- With Grilled Fish **PLUS US\$ 6.00**

Sandwiches (Burgers, Rotis)

Veggie Burger **US\$ 14.00**

Lentils and carrot seasoned with fresh herbs and breadcrumbs, formed into patties and baked until golden brown. Served on homemade burger bread with tomatoes, lettuce, cucumbers, mayonnaise, ketchup, mustard; served with a side order of fried plantains, salad or fries.

Jungle Bay Burger (Homemade Fish & Chicken Burger) **US\$ 15.00**

Served on homemade burger bread with tomatoes, lettuce, cucumbers, mayonnaise, ketchup and mustard; served with a side of fried plantains, salad or fries (With or without cheese)

Curry Roti Wraps

Savoury curry stew consisting of carrots, potatoes, celery, chick peas, Caribbean seasonings with a side of plantain and salad. Roti Wraps:

- **Vegan**..... **US\$ 15.00**
- **Fish/Chicken/Tofu**..... **US\$ 17.00**
- **Shrimp** **US\$ 19.00**

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Tuna Melt Sandwich **US\$ 13.00**
Tuna Salad on whole wheat/or white bread with tomato, lettuce, cucumber and melted cheese; served with salad, Fries/Fried Plantain

Green Goddess & Tomato Sandwich..... **US\$ 11.00**
Toasted homemade whole wheat/or white bread with roasted garlic, Humus, topped with lettuce, tomatoes and cucumbers;
served with salad on the side

Marinated Grilled Chicken Sandwich..... **US\$ 13.00**
Seasoned butterfly style breast of chicken on homemade whole wheat/or white bread with mustard, mayonnaise and ketchup; served with salad, Fries/Fried Plantain.

Wraps & Rolls

Hummus and Roasted Pepper Wrap **US\$ 14.00**
Hummus (chickpeas, sesame seeds, garlic, salt, lime juice & water), accented with tomato, lettuce, and cucumber wrapped in a chick pea shell.

Ginger Chicken Wrap **US\$ 14.00**
Shredded chicken breast seasoned in a ginger sauce with onions, carrots, lettuce and wrapped in a chick pea shell; served with Fried Plantain, Salad or Fries

Jungle Roll **US\$ 14.00**
Tofu, beans, caramelized onions, lettuce and cucumbers wrapped in;
Roti Wrap, Tomato Wrap, Wheat Wrap; served with salad, fries/plantain



Main Course

Chicken Strips **US\$ 15.00**

Perfectly marinated grilled chicken breast strips, served with salad on the side and our own Jungle honey mustard.

Dominica Delight (grilled fish or chicken) **US\$ 17.00**

Served with lentils, fried plantains, brown rice, provisions and salad.

Veggie Deluxe..... **US\$ 15.00**

Patty made from chick peas, carrots & local green seasoning; served with a coconut curry dip, brown rice, fried plantain & salad.

Tofu Mix **US\$ 17.00**

Mixture of tofu, sautéed beans, onions, garlic and celery slowly stewed in a Creole sauce and served with brown rice, fried plantain and salad.

Tofu Delight..... **US\$ 17.00**

Marinated grilled tofu steaks, served with lentils, fried plantains, brown rice & salad.

*All Lunch menus are served with Seasonal Root Vegetable Chips & Aioli-Dip
(roasted garlic blended with mayonnaise and pepper)*

Desserts

Please ask your server for today's dessert selection **US\$ 7.00**

Assortment of locally made ice creams, home-made sorbets and fruit salad



CALABASH RESTAURANT

Dinner Menu

Our dinner menu rotates weekly

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Appetizers

Chick-Pea Pattie **US\$ 11.00**
A blend of garbanzo beans [chickpea] & fresh local seasoning. Served with a curry sauce

Codfish Accra **US\$ 11.00**
Fried codfish with roasted garlic aioli

Soups

Pumpkin-Ginger Soup **US\$ 10.00**
Farm named pumpkin puree & garnished

Shrimp Bisque **US\$ 13.00**
Shrimp & coconut bisque, lime crema

Salads

Jungle Bay House Salad **US\$ 10.00**
local greens, honey thyme vinaigrette,
mélange of seasonal fruit

Carrot & Feta Cheese Salad **US\$ 13.00**
On a bed of lettuce with a lime vinaigrette

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Main Courses

Jungle Bay Curry Chicken **US\$ 29.00**
 With a jungle love curry sauce

Provence Rabbit **US\$ 40.00**
 Rabbit baked in flavors of sweet pepper, tomatoes, thyme and black olives in an aromatic anise-flavored broth.

Blackened “Catch of the Day” **US\$ 32.00**
 Freshly caught local fish, Fruit salsa & sautéed vegetables

Roasted Vegetables **US\$ 23.00**
 Herb & olive oil roasted vegetables, sautéed spinach, honey & soy reduction

Jungle Bay Pizza (3 toppings)

Large Pizza (12 inches / 30 cm)..... **US\$ 26.00**

Mini Pizza (6 inches / 15 cm) **US\$ 14.00**

Pizza Toppings:

*Tomato, Bell Peppers, Onion, Spinach, Olives, Mushroom, Carrot, Pineapple

Fourth Vegetable Topping **US\$ 1.00**

Pizza Extra Toppings:

Chicken or Fish **US\$ 2.00**

Shrimp **US\$ 5.00**

**Please ask your server about the tonight’s available toppings*

Desserts

Please ask your server for today’s dessert selection **US\$ 10.00**
Assortment of locally made ice creams, home-made sorbets, tarts and cakes