

DAILY HALF-HOUR SPA TREATMENTS ARE INCLUDED ON THE ADVENTURE WELLNESS PACKAGE

MASSAGES

Jungle Bay Massage ~ Our signature massage created especially for you. This massage uses a unique combination of Coconut, Castor and Bay essential oils to rid the body of muscular aches and pains. This formula of local organic oils from our forefathers is applied to the body using circular strokes which effectively aids the body in healing. 1h US\$ 115 ~ 30 min. US\$ 63.25

Tres Forte Massage ~ Using special techniques, the elbows and forearms are used to apply very firm pressure to the deeper layers of muscles and connective tissues. This method loosens knots, releases tensions and toxins, resulting in pain relief, better circulation, flexibility and range of motion. 1h US\$ 115 ~ 30 min. US\$ 63.25

Couples Massage ~ Share the luxury of receiving a massage side-by-side with two therapists in our spacious couples' massage studio with your significant other or a close friend. To enhance romance, choose the aromatherapy blend "Peace & Love". 1h US\$ 230 ~ 30 min. US\$ 115

Aromatherapy Massage "Relaxing" ~ Long soothing strokes combined with the relaxing scent of lavender helps to relieve stress and creates a sense of calmness & wellbeing. 1h US\$ 109.25 ~ 30 min. US\$ 57.50

Aromatherapy Massage "Sore Muscle" ~ Medium to firm pressure and a special blend of essential oils help to improve blood flow and reduce muscle tightness; perfect after long hikes. 1h US\$ 109.25 ~ 30 min. US\$ 57.50

Swedish Massage ~ This massage involves kneading strokes, as well as rhythmic tapping, which relaxes muscles, improves circulation and relieves tension. 1h US\$ 109.25 ~ 30 min. US\$ 57.50

Pregnancy Massage ~ Specifically designed for the expectant mother by utilizing proper positioning and support for comfort & safety; this massage is beneficial in reducing stress, decreasing swelling and relieving aches & pains in muscles and joints. (Perfect for Moms in their second & third trimester) 1h US\$ 115 ~ 30 min. US\$ 63.25

Back Massage ~ Myofascial release along with deep tissue techniques are utilized to address chronic areas of tension in the back and shoulders. A massage of the head and neck is also included. 30 min. US\$ 63.25

Pied Mol -Soft Feet ~ Reward your feet with this treatment. It begins with a warm relaxing foot soak followed by a rejuvenating massage of the feet and legs using 100% organic cocoa or shea butter. 30 min. US\$ 57.50

DETOX

Foot Detox ~ The detoxifying, ionic foot bath is designed to restore the body's energy balance by removing toxins through the sole of the feet. A delicious cup of tea and a rejuvenating foot scrub conclude your treatment. 45 min. US\$ 63.25

NAIL CARE

Spa Manicure 45 minutes US\$ 51.75
French Manicure 45 minutes US\$ 57.50

Spa Pedicure 30 minutes US\$ 57.50
French Pedicure 45 minutes US\$ 63.25